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# Kitchen Medicine: Household Remedies For Common Ailments And Domestic Emergencies



## Synopsis

In Kitchen Medicine the authors describe the wealth of healing and emergency remedies that sit unused and idle in the kitchen. Superb illustrations adorn a lively text. The ingredients are all easily found in the kitchen although in some cases they are exotic in origin (just think of tea, coffee and chocolate).

## Book Information

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## Customer Reviews

Lots of great tips, received it very quickly. Lots of simple healthy tips in this book, I highly recommend it.

this is a very good book, pretty thorough with nice pictures and sidebars. the only reason why i don't give it 5 stars is that I wish it cited studies that prove the efficacy of each herb, spice, etc. and the price could be a little lower.

Great Product,I love it and am glad I made the purchase. Will buy again from this seller.

Very helpful

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